



SAHASRĀRA CAKRA

CROWN CHAKRA
BĪJA MANTRA: OM

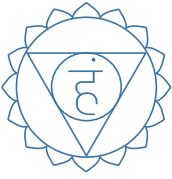
सहस्रार चक्र



ĀJÑĀ CAKRA

THIRD EYE CHAKRA
BĪJA MANTRA: OM

आज्ञा चक्र



VIŚUDDHA CAKRA

THROAT CHAKRA
BĪJA MANTRA: HAM

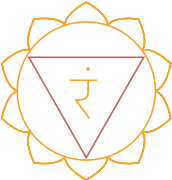
विशुद्ध चक्र



ANĀHATA CAKRA

HEART CHAKRA
BĪJA MANTRA: YAM

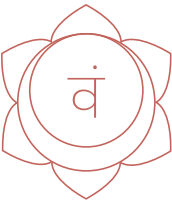
अनाहत चक्र



MAṆIPŪRA CAKRA

SOLAR PLEXUS CHAKRA
BĪJA MANTRA: RAM

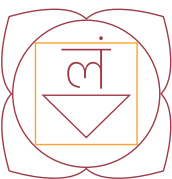
मणिपूर चक्र



SVĀDHIṢṬHĀNA CAKRA

SACRAL CHAKRA
BĪJA MANTRA: VAM

स्वाधिष्ठान चक्र



MŪLĀDHĀRA CAKRA

ROOT CHAKRA
BĪJA MANTRA: LAM

मूलाधार चक्र